

## **Pathway to Success**

Starting with your own personal assessment of what is and is not working for you and making a personalized decision if you want to take the success journey.

## **Time Management**

Analyzing how to invest and spend the 24 hours in a day to achieve desired goals and objectives.

## **Goal Setting**

The 10 step process used to create and formulate your life strategies and goals.

## **Positive Mental Attitude**

Building the foundation of how to get you to believe you can do it.

## **Dealing with Setbacks**

We all have more setbacks than successes in life. Recognize how to cope with them, learn from them, and capitalize on them.

## **Fitness**

Getting in shape physically as well as nutritionally, working out with or without weights, plus what to eat and what to avoid and how to really read food labels.

## **Giving Back**

Once you have it together, its time to share and pay it forward.



## **Bill Morris**

Wall Street Executive and World Record holder shares his “Formula for Success”

The guiding principles on how to get it together mentally, physically, and spiritually.

[success4teens.com](http://success4teens.com)

Date/Time

Location